

The Definitive Guide To Golf's Most Mysterious Misunderstood Putting Tip

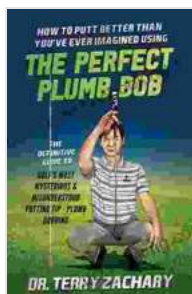


Putting, the art of rolling the golf ball from the green into the hole, is perhaps the most challenging and often misunderstood aspect of the game. Among the many factors that contribute to putting success, one concept

stands out as both elusive and yet potentially game-changing: lag putting. This guide will delve into the mysterious world of lag putting, demystifying its complexities and providing actionable insights to help golfers master this technique and transform their putting performance.

What is Lag Putting?

Lag putting is a putting technique that involves creating a slight delay between the moment the putter head strikes the ball and the moment the ball begins to roll forward. This delay, or "lag," allows the putter head to continue moving forward after impact, imparting a smoother, more controlled stroke that promotes greater accuracy and distance control.



How To Putt Better Than You've Ever Imagined Using The Perfect Plumb Bob: The Definitive Guide to Golf's Most Mysterious & Misunderstood Putting Tip: Plumb Bobbing by Dr. Terry Zachary

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Enhanced typesetting	: Enabled
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Screen Reader	: Supported



Benefits of Lag Putting

Mastering lag putting offers numerous benefits on the golf course:

- **Improved Accuracy:** Lag putting promotes a smoother, more controlled stroke, leading to increased accuracy and reduced three-putts.
- **Better Distance Control:** By creating a lag between impact and forward roll, golfers can better control the distance of their putts, ensuring the ball ends up closer to the hole.
- **Reduced Backspin:** Lag putting helps reduce backspin on the ball, promoting a straighter, more consistent roll that is less likely to be affected by the slope of the green.

How to Master Lag Putting

Mastering lag putting requires a combination of proper technique, consistent practice, and an understanding of the principles behind the technique. Here's a step-by-step guide to help you get started:

1. Setup and Alignment

Begin by setting up to the ball with your feet shoulder-width apart, knees slightly bent, and your eyes directly over the ball. Ensure your putter is square to the target line and your shoulders are parallel to the line of the putt.

2. The Backstroke

Start the backstroke by keeping your head still and your eyes focused on the ball. Move the putter back smoothly, keeping your wrists firm and your elbows close to your body. Aim to take the putter back approximately to the length of your putter shaft.

3. The Downswing and Impact

As you begin the downswing, accelerate the putter head slightly and maintain a smooth, controlled motion. At impact, focus on striking the ball firmly in the center of the putter face. It's important to avoid decelerating or jerking the putter through impact.

4. Creating Lag

Immediately after impact, allow the putter head to continue moving forward for a brief moment before the ball begins to roll. This creates the desired lag effect, promoting a smoother, more controlled roll.

5. Follow-Through

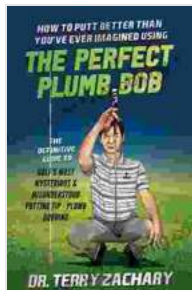
Complete the stroke with a smooth follow-through, allowing the putter head to continue moving towards the target. Maintain balance and stability throughout the follow-through to ensure a consistent and accurate putt.

Practice and Patience

Mastering lag putting takes time and consistent practice. Dedicate regular time to practicing the technique on both flat and sloping greens. Pay attention to the feel of the stroke and experimentation with different amounts of lag to find what works best for you. With patience and perseverance, you will develop a consistent lag putting stroke that will lead to improved putting performance.

Lag putting is a powerful technique that can transform your putting game and lead to lower scores. By understanding the principles behind lag putting and practicing the technique consistently, you can master this elusive concept and gain a competitive edge on the golf course. Embrace

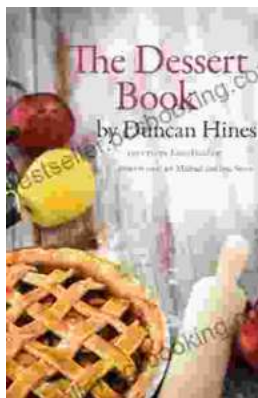
the challenge and start experimenting with lag putting today. With dedication and practice, you will unlock the secrets to putting success and experience the joy of sinking more putts than ever before.



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