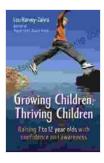
### Raising To 12 Year Olds With Confidence And Awareness

As parents, we all want our children to grow up to be confident and aware individuals. We want them to be able to stand up for themselves, to make good decisions, and to be kind and compassionate to others. But how do we raise children who are confident and aware?

There is no one-size-fits-all answer to this question, but there are some general principles that we can follow. First, it is important to create a positive and supportive home environment. Children who feel loved and accepted are more likely to develop a strong sense of self-esteem. They are also more likely to be resilient in the face of challenges.



#### Growing Children, Thriving Children: Raising 7 to 12 Year Olds With Confidence and Awareness





Second, it is important to encourage our children to explore their interests and develop their talents. When children are passionate about something, they are more likely to be motivated and engaged. They are also more likely to develop a sense of accomplishment and pride.

Third, it is important to teach our children about the world around them. This includes teaching them about different cultures, religions, and perspectives. It also includes teaching them about the importance of social justice and environmental stewardship.

Finally, it is important to model the behavior that we want our children to learn. If we want our children to be confident and aware, we need to be confident and aware ourselves. We need to show our children that we are not afraid to stand up for what we believe in, and that we are always willing to learn and grow.

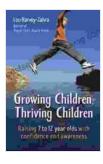
Raising confident and aware children is not always easy, but it is one of the most important things we can do as parents. By following these principles, we can help our children develop the skills and knowledge they need to succeed in life.

#### Here are some specific tips for raising confident and aware children:

- Create a positive and supportive home environment. Children who feel loved and accepted are more likely to develop a strong sense of self-esteem. They are also more likely to be resilient in the face of challenges.
- Encourage your children to explore their interests and develop their talents. When children are passionate about something, they are more likely to be motivated and engaged. They are also more likely to develop a sense of accomplishment and pride.

- Teach your children about the world around them. This includes teaching them about different cultures, religions, and perspectives. It also includes teaching them about the importance of social justice and environmental stewardship.
- Model the behavior that you want your children to learn. If we want our children to be confident and aware, we need to be confident and aware ourselves. We need to show our children that we are not afraid to stand up for what we believe in, and that we are always willing to learn and grow.

Raising confident and aware children is not always easy, but it is one of the most important things we can do as parents. By following these tips, we can help our children develop the skills and knowledge they need to succeed in life.



### Growing Children, Thriving Children: Raising 7 to 12 Year Olds With Confidence and Awareness

by Dr Faith G Harper

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