

Racing the World's Most Dangerous Waters

The Volvo Ocean Race is the world's toughest sailing competition, a grueling nine-month race around the globe that tests the limits of human endurance and courage.



Godforsaken Sea: Racing the World's Most Dangerous Waters by Derek Lundy

★★★★☆ 4.4 out of 5

Language	: English
File size	: 10643 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 308 pages
Lending	: Enabled



In this thrilling book, journalist Tim Jeffery takes us inside the race, revealing the stories of the sailors who risk everything to win it. We meet the skippers, the navigators, the grinders, and the cooks—a diverse group of men and women from all over the world, united by their passion for sailing and their determination to win.

Jeffery chronicles the race from start to finish, taking us behind the scenes as the sailors battle through storms, navigate treacherous waters, and push themselves to the brink of exhaustion. He captures the excitement, the danger, and the camaraderie that make the Volvo Ocean Race so compelling.

Through intimate portraits of the sailors and vivid descriptions of the race, Jeffery brings to life the challenges and triumphs of these extraordinary athletes. *Racing the World's Most Dangerous Waters* is an unforgettable story of human achievement and adventure.



The Sailors

The sailors who compete in the Volvo Ocean Race are a unique breed of athlete. They are tough, determined, and fearless. They must be able to withstand the physical and mental demands of a nine-month race, and they must be able to work as a team in the most extreme conditions.

In *Racing the World's Most Dangerous Waters*, Jeffery introduces us to some of the most remarkable sailors in the world. There's Ian Walker, the British skipper who led his team to victory in the 2014-15 race. There's

Vestas 11th Hour Racing skipper Mark Towill, a former America's Cup winner. And there's Dee Caffari, the first woman to sail solo around the world nonstop.

These are just a few of the sailors who have competed in the Volvo Ocean Race. They are all extraordinary athletes, and their stories are an inspiration.

The Race

The Volvo Ocean Race is a grueling nine-month race around the globe. The race starts in Alicante, Spain, and takes the sailors to 12 different ports on six continents. The sailors race in one-design boats, which means that all of the teams have the same equipment. This makes the race even more competitive, as it comes down to the skill of the sailors and the ability of the team to work together.

The race is divided into legs, and each leg is a race in itself. The sailors race through some of the most dangerous waters in the world, including the Southern Ocean and the North Atlantic. They face storms, icebergs, and other hazards, and they must be constantly on the lookout for pirates.

The Volvo Ocean Race is a true test of human endurance and courage. It is a race that can be won or lost by a single mistake, and it is a race that can change the lives of the sailors who compete in it.

The Adventure

The Volvo Ocean Race is more than just a race. It is an adventure that takes the sailors to some of the most beautiful and remote places on Earth. The sailors get to experience cultures and landscapes that most people

never see, and they get to share their love of sailing with people all over the world.

For the sailors who compete in the Volvo Ocean Race, the race is a life-changing experience. It is a chance to test their limits, to push themselves to the brink, and to achieve something that few people ever do.

Racing the World's Most Dangerous Waters is a gripping account of the Volvo Ocean Race, the world's toughest sailing competition, and the sailors who risk everything to win it. It is a story of human achievement, adventure, and danger, and it is a story that will stay with you long after you finish reading it.



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