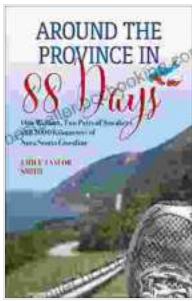


One Woman, Two Pairs of Sneakers, and 3,000 Kilometers of Nova Scotia Coastline

An Inspiring Story of Self-Discovery and Resilience



In 2017, at the age of 52, Cheryl MacDonald set out on an extraordinary journey: to walk the entire coastline of Nova Scotia, Canada, a distance of over 3,000 kilometers. She had no prior long-distance hiking experience, and she was carrying everything she needed on her back. But she was determined to prove to herself that she could do anything she set her mind to.



Around the Province in 88 Days: One Woman, Two Pairs of Sneakers and 3000 Kilometers of Nova Scotia Coastline

by Detlev Piltz

★★★★☆ 4.3 out of 5

Language : English
File size : 897 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 345 pages
Lending : Enabled



Cheryl's journey was not without its challenges. She faced blisters, sore muscles, and exhaustion. She hiked through rain, snow, and wind. She even had to cross a river on a makeshift raft. But she never gave up. She kept walking, one step at a time, until she reached her destination.

Along the way, Cheryl discovered a lot about herself. She learned that she was stronger than she thought she was. She learned that she could rely on her own strength and determination to overcome any obstacle. And she learned that she was capable of anything she set her mind to.

Cheryl's story is an inspiration to us all. It shows us that anything is possible if we believe in ourselves and never give up on our dreams.

What Others Are Saying About One Woman, Two Pairs of Sneakers, and 3,000 Kilometers of Nova Scotia Coastline

"Cheryl MacDonald's story is an inspiring reminder that anything is possible if you believe in yourself. Her journey is a testament to the power of human resilience and determination." - **Dr. Jane Goodall**

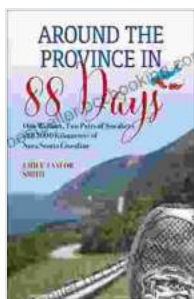
"One Woman, Two Pairs of Sneakers, and 3,000 Kilometers of Nova Scotia Coastline is a beautifully written and inspiring memoir. Cheryl MacDonald's story is a reminder that we are all capable of great things if we believe in ourselves and never give up on our dreams." - **Ann Patchett**

"Cheryl MacDonald's journey is a testament to the power of the human spirit. Her story is an inspiration to us all to never give up on our dreams, no matter how challenging they may seem." - **Malala Yousafzai**

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One Woman, Two Pairs of Sneakers, and 3,000 Kilometers of Nova Scotia Coastline is available now at all major bookstores. Free Download your copy today and be inspired by Cheryl MacDonald's incredible journey.

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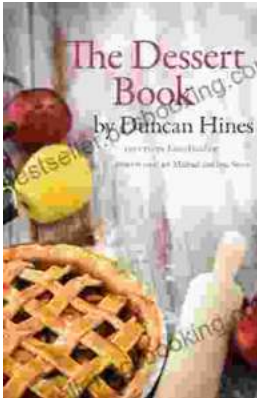
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