Identity Theft: Rediscovering Ourselves After Stroke

After a stroke, many people experience a profound sense of loss as they struggle to come to terms with the changes in their physical, cognitive, and emotional abilities. They may no longer be able to do the things they used to, and they may have difficulty remembering who they are and what is important to them.



Identity Theft: Rediscovering Ourselves After Stroke

by Debra Meyerson	
🚖 🚖 🚖 🚖 4.8 out of 5	
Language	: English
File size	: 3783 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 290 pages



This sense of loss can be devastating, and it can make it difficult for stroke survivors to rebuild their lives. But it is important to remember that identity is not something that is fixed and unchanging. It is something that is constantly evolving, and it can be reshaped after a stroke.

In her book, Identity Theft: Rediscovering Ourselves After Stroke, author and stroke survivor Patty Loew shares her own story of loss and recovery. She offers practical advice for stroke survivors and their loved ones, and she provides inspiring stories of hope and resilience.

Loew writes about the importance of grieving the loss of what was, and she encourages stroke survivors to focus on their strengths and abilities. She also emphasizes the importance of finding a support system and of connecting with other stroke survivors.

Identity Theft is a valuable resource for stroke survivors and their loved ones. It is a book that offers hope and inspiration, and it provides practical advice for rebuilding a life after stroke.

Here are some of the things you will learn from Identity Theft:

- How to grieve the loss of what was
- How to focus on your strengths and abilities
- How to find a support system
- How to connect with other stroke survivors
- How to rebuild your life after stroke

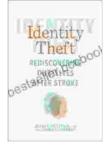
If you or someone you love has been affected by stroke, Identity Theft is a must-read. This book offers hope, inspiration, and practical advice for rebuilding a life after stroke.

Free Download your copy of Identity Theft today!

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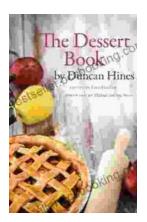
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