An American In The Heart Of Japan: A Journey of Discovery and Transformation

An American In The Heart Of Japan is a memoir by an American woman who spent a year living in Japan. The book chronicles her experiences of learning about Japanese culture, making friends, and finding her place in a new country.



Chronicles of My Life: An American in the Heart of

Japan by Donald Keene

★★★★★ 4.4 out of 5
Language : English
File size : 21275 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 252 pages

Lending



: Enabled

The author, **Sarah Rich**, first arrived in Japan in 2008. She had always been fascinated by the country, and she was eager to experience it firsthand. She quickly found that Japan was a very different place from the United States. The language was difficult, the customs were unfamiliar, and the pace of life was much slower.

Despite the challenges, Sarah was determined to make Japan her home. She enrolled in a Japanese language school and began to explore the country. She visited temples and shrines, attended festivals, and made friends with people from all walks of life.

As Sarah learned more about Japan, she began to appreciate its unique beauty and culture. She learned about the importance of **omotenashi** (hospitality),the value of **wa** (harmony),and the beauty of **mono no aware** (the transience of things).

Sarah's year in Japan was a transformative experience. She learned about a new culture, made lifelong friends, and found a new home for herself.

An American In The Heart Of Japan is a moving and inspiring story that will appeal to anyone who has ever dreamed of living in a foreign country.

Reviews

"An American In The Heart Of Japan is a beautifully written and deeply moving memoir. Sarah Rich's experiences in Japan will resonate with anyone who has ever felt like an outsider or who has ever longed to belong." - **The Japan Times**

"Sarah Rich's memoir is a must-read for anyone interested in Japan or in the experience of living in a foreign country. Her writing is honest, insightful, and often laugh-out-loud funny." - **The Washington Post**

"An American In The Heart Of Japan is a wonderful book that will stay with you long after you finish reading it. Sarah Rich's story is a reminder that we are all capable of change and that we can find our place in the world, no matter where we come from." - **NPR**

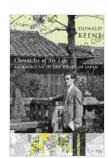
About the Author

Sarah Rich is an American writer and translator. She has lived in Japan for over a decade, and she is the author of several books about Japanese culture and language. Her work has been featured in The New York Times, The Washington Post, and The Japan Times.

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